

Starlight Stroll Saturday 19 March 2011

Bring your family, friends, neighbours and colleagues for a starlit stroll around the beautiful Sandbanks Bay. You will be helping to raise funds to help Lewis-Manning Hospice provide free palliative care to over 650 people living with cancer and other life-threatening illnesses. If that weren't reason enough, this could be the start to a fitter healthier you!

So don't delay sign up to the Starlight Stroll today!

If you're not able to take part but would like to help out on the night please contact us on 01202 701000

Lewis-Manning Hospice provides specialist palliative nursing care to over 650 local people each year living with cancer and other life-threatening illnesses. All our services are free. Our core services are:

Day hospice - run by clinical nurse specialists, offering palliative care including physiotherapy, advice on pain and symptom management, creative arts, aromatherapy and other holistic treatments.

Breathlessness clinic - for the relief of breathing difficulties caused by a life-threatening illness.

Lymphoedema clinic - to treat the swelling of a limb caused by cancer or the treatment of cancer.

All services are free to patients and their carers but the hospice has to raise over £50,000 every month to cover costs. The generosity of the local community helps raise these vital funds through voluntary donations, our charity shops, furniture warehouse, Hospice Lottery and by leaving a gift in a Will.

SPONSORS

Sandbanks
beach cafe



DAILY ECHO

Starlight Stroll



2011

Midnight Walk for
Lewis-Manning Hospice



A sponsored walk to raise funds for Lewis-Manning Hospice

A midnight walk for all the family
from Sandbanks Beach Café to
The New Beehive in Canford Cliffs (approx. 5km)



Time to care

Lewis-Manning Hospice

Brownsea House, The Fourways Centre, Constitution Hill Road, Poole, BH14 0QA

Hospice telephone 01202 708470 Fundraising office 01202 701000

Email events@lewis-manning.co.uk Website www.lewis-manning.co.uk/events

Company number: 6278709 Charity number: 1120193

Starlight Stroll Saturday 19 March 2011

Join us for this sponsored walk for the whole family from Sandbanks Beach Café to The New Beehive and back. This 5km multi-ability sponsored walk will take place on Saturday 19 March commencing at the stroke of midnight.

So don't delay sign up to the Starlight Stroll today!

Registration form

Return this completed form along with your registration fee to: Lewis-Manning Hospice, Brownsea House, The Fourways Centre, Constitution Hill Road, Poole, BH14 0QA. On receipt we will send you a walk sponsorship pack

Title: _____ First name: _____

Surname: _____

Address: _____

Postcode: _____

Telephone: _____

Mobile: _____

Email: _____

(Please note emailing is the most cost effective and timely way for us to communicate with you so if you are able to provide an email address please do so)

Registration Fee: _____

I enclose my registration fee (non refundable) of £10 per adult and £5 per child. Please note that the registration fee is a contribution towards our administration costs for the walk and includes starry headboppers, halfway refreshments and goodie bags for all. Every walker needs to complete a separate registration form - if you need more forms, these may be photocopied or downloaded from the website. Cheques should be made payable to Lewis-Manning Hospice.

Please note that the suggested minimum sponsorship for this event is: £25 per adult and £10 per child

Important Health Information:-

It is important that Lewis-Manning Hospice is aware of any health problems that you suffer from that might require medical attention during the walk.

Do you suffer from any such health problems Yes No

If yes, please state including any prescribed medication

Guardian's Declaration:

Anyone under the age of 18, for safety reasons must be accompanied by an adult throughout the walk. If you are under the age of 18 years old please ask a parent or guardian to sign the following:

"I _____ (name of adult over 18 years of age) confirm that I take full responsibility for the walker completing this form, that I too am registered for the Starlight Stroll and will be participating in the event. All the information is correct to the best of my knowledge."

Signed: _____ Date: _____

Walker's Declaration:

"I confirm that I am taking part in the Starlight Stroll at my own risk. If I do suffer an injury during the event Lewis-Manning Hospice and other associate sponsors cannot be held responsible. (To be signed by a guardian if under 18)."

Signed: _____ Date: _____

I accept the terms and conditions*

How did you hear about the Starlight Stroll? _____

Why have you chosen to take part in the Starlight Stroll? _____

Are you happy for us to use your story for publicity purposes? Yes No

*visit www.lewis-manning.co.uk/events/starlight-stroll to view the terms and conditions or phone during office hours on 01202 701000.

We would like to keep you informed about our fundraising and hospice activities. We will not disclose your details to any other organisation. If you do NOT want us to contact you please tick this box