

Lewis-Manning Day Hospice

An introduction for people who are living with
a life limiting or life threatening illness



Time to care

Lewis-Manning Hospice

1 Crichel Mount Road, Lilliput, Poole BH14 8LT

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Introduction

Most of us will not die suddenly or unexpectedly. Instead, an illness will come along which threatens our life. It may come along sooner or it may be later. But whatever happens, it will completely change the way we cope with life. Sometimes this illness will present problems which are really difficult to deal with. These problems may be to do with pain, or mobility, or emotional distress, or family matters. It may be all of these or more.

If you are in this situation and are finding it difficult to cope with how your illness affects your life, then Lewis-Manning Hospice can offer you support to help you adapt to this illness.

The best way to start to inform you about what we can offer is to answer questions. We have found from experience that the following questions are those most commonly asked.



Our experienced nurses and specialist staff offer a warm and friendly welcome

Frequently asked questions about Lewis-Manning and its day hospice

What is a hospice?

A hospice is a place which supports people who have complex issues in coping with a life limiting or life threatening illness. Most people have the idea that the main purpose of a hospice is to look after people right at the end of their life - what professionals call “terminal care”. But a hospice does much more than that.

Helping and treating people with symptoms such as pain, encouraging people to be active and get as much as they can from life, giving time for people to talk about problems that concern them - these are just some of the other things that hospices do.

What kind of hospice is Lewis-Manning?

Lewis-Manning Hospice is not about terminal care. We do not have beds. We specialise in helping people adapt to the illness with which they are living.

It's about living. It's also about giving support, advice and practical help to people in a safe, easy going yet highly professional environment.

“I could not have wished for more support.”

Lewis-Manning Hospice patient



It is important to us that all patients are treated as a person and not an illness

“I needed specialised help for my illness and I was given this with great enthusiasm.”

Lewis-Manning Hospice patient

How does Lewis-Manning fit in with the NHS?

Lewis-Manning is a voluntary hospice and has been supporting local people since 1992. Some money comes from the NHS, but the majority of our costs are met from fundraising. We are a nurse-led hospice; there are no doctors on site. We are registered with and regulated by the Healthcare Commission. We work closely with each patient's GP and all the other doctors, nurses and professionals involved in his or her care. Specialist medical consultants oversee our work.

What services does Lewis-Manning Hospice provide?

We offer three main services:

1. Day hospice
2. Lymphoedema clinic. A clinic for patients who have a swelling of fluid in a limb or limbs which has been caused by cancer or its treatment
3. Breathing clinic. A clinic for patients, mostly with lung cancer, who have difficulties in breathing

All our services aim to help people adapt to their life limiting illness. We do this by being an advocate for the patient. We provide practical skills, help and advice.

How much would it cost for me to attend?

Nothing. Lewis-Manning does not charge for any of the services offered.



Our staff are there to listen to your problems and help however they can



Day hospice is a warm, friendly and calm environment

How do I get there?

At the back of this guide shows a map of where we are situated and how to get there. If you can arrange to make the journey to and from Lewis-Manning then we encourage you to do so. However, if that is not possible we can provide volunteer transport in most circumstances. If you are particularly disabled and wish to attend the day hospice, we can usually arrange for ambulance transport to bring you here and home.

“I learned how to be me again.”

Lewis-Manning Hospice patient

When is the day hospice open?

The day hospice is open for patients between 10am and 4pm, Monday to Friday. Staff are present from 9am to 5pm. We are closed on bank holidays.

Who would benefit from attending?

You would need to be aged 18 or over and living with a life limiting or life threatening illness. Receiving the news that an illness threatens life changes how you feel about everything. Loved ones also change their outlook on life. If you are in this situation and finding it particularly hard then we can help support you. You would, however, need to be fit enough to travel to Lewis-Manning (see “How do I get there?”).



The hospice has expertise in lymphoedema and breathing difficulties

Time to care



A specialist physiotherapist is on hand to help

“I went to Lewis-Manning after two major operations and an amputation which left me at an extremely low ebb. Now, after some wonderful palliative care, I feel as close to well again as I have felt for a very long time.”

Lewis-Manning Hospice patient

What geographical area does the day hospice cover?

On the whole, the catchment area for Lewis-Manning day hospice is the same area as covered by Forest Holme, which is the in-patient hospice attached to Poole Hospital. Therefore you would need to live in the Poole area or in most other parts of eastern Dorset. If you live outside this area then we would need to discuss this with you and our palliative care colleagues who work in your area.

“There was always a warm friendly atmosphere which the patients picked up on and transferred to each other”

Lewis-Manning Hospice patient



Patients may choose to take up therapeutic activities such as creative arts

Who would refer you?

Most patients are referred to Lewis-Manning by a healthcare professional such as a district nurse, specialist nurse, or GP. (A professional might have already suggested Lewis-Manning to you.) After we receive a referral we arrange to see you in your home to discuss whether the service we offer would help you. Both you and Lewis-Manning would need to decide whether what we offer is suitable for your needs. A start date would be given after discussion and agreement.

Alternatively, you, or someone representing you, can start the process of referral. This could be by telephone, email or letter, or by arranging a visit. After this has happened, Lewis-Manning would need to discuss this informal referral with a health or social care professional involved in your care. If appropriate, a professional would then send a written referral. In any event, we would need your GP to know about and approve this referral.



Aromatherapy massage is one of the complementary therapies offered at Lewis-Manning

What do we offer?

A 4 minute DVD called “The Best Medicine” comes with this guide. Please see this DVD if you can. Hopefully it will give you a good general impression of what the day hospice is like for people who attend. It should also dispel some of the myths about hospices being depressing places.

Lewis-Manning Hospice can offer you the following :

- A lovely house and grounds looking over the harbour towards the Purbecks
- Highly trained and experienced nurses who will listen to problems and give advice as well as any physical nursing care you may need while at Lewis-Manning
- Specialised physiotherapy to help you get the most out of your physical condition
- Access to the expertise in the breathing clinic and the lymphoedema clinic
- Facilities for people who are unable to bath or shower at home
- Creative arts therapy to help you learn new skills or improve old ones
- Aromatherapy massage
- Relaxation session
- Good food made to your taste and needs.

Time spent at Lewis-Manning Hospice can be a respite for you, and also for your carer (if you have one).

A flexible approach to what we offer

As far as possible, we want to offer a service which suits you. After we receive the referral one of our nurses will offer to visit you. The main purpose of this visit is to give you a better understanding of the support we have to offer. The nurse can hear how your illness affects you, then the ways we can support you can be worked out together.

Our intention is to give you a platform to support you in living with a complicated, hard and challenging illness. You can access this support in the following ways:-

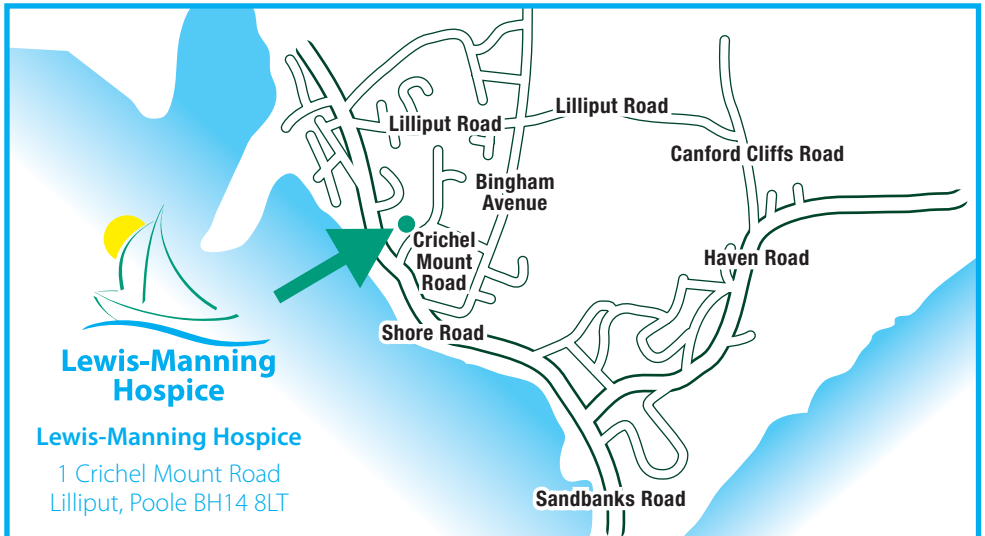
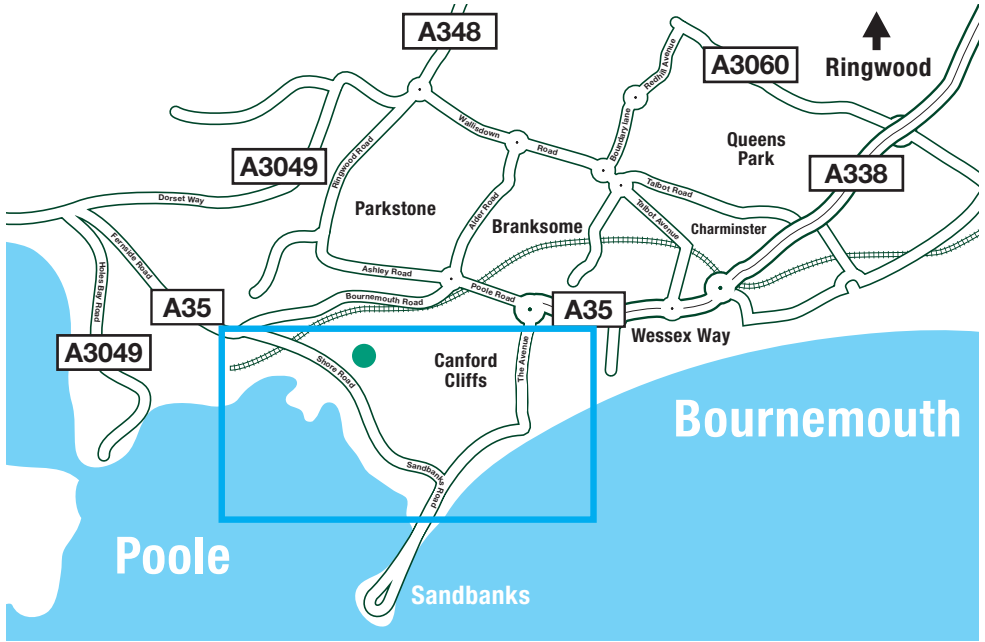
- It may be that you would like to attend for one full day (10am to 4pm), same day every week. In this way you would be able to benefit from all the facilities and get to know your fellow patients in a relaxed way
- Alternately, you may wish to attend only for part of a day and just pick one or two of the services on offer (see earlier)
- It may be that you attend for a few months, then leave for a few months but come back again.

Some patients are discharged from the day hospice because they are feeling better. Others are discharged and then come back again if they need us.

“Time spent at Lewis-Manning Hospice brought great help to me physically and mentally”

Lewis-Manning Hospice patient

How to find us



If you would like any further information please telephone to arrange to speak to one of the clinical staff. You may also like to have a look at our website.

If you are interested, but not sure whether day hospice is for you, please do come and have a look around. We can then answer any questions you may have.

Hospice telephone: **01202 708470**

Website: **www.lewis-manning.co.uk**

“Where I am concerned, it satisfies my needs in a most generous and constructive way.”

Lewis-Manning Hospice patient



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