

DISCOVER ADVENTURE OPEN CHALLENGES

FREQUENTLY ASKED QUESTIONS

Who comes on Open Fundraising Challenges?

Ages range from 18 to 70+, from all walks of life. Most people book individually, some come with a friend or partner, some even



come with a group of friends. They are all raising money for the charities they have chosen to support. People come on our challenges for a huge variety of reasons, but all are motivated to push their limits for a good cause, whatever their previous experience.

How tough are the trips?

These trips are designed to create a physical challenge. You need to train in the months leading up to your trip in order to be able to complete the challenge. You do not need to be super-fit, but you should be able to walk or cycle for an average 8 hours per day over consecutive days. We provide training guides in your registration pack.



As well as the physical challenge, you may find other aspects challenging: the discomforts of camping, with latrines and basic washing facilities, extreme weather conditions, being at altitude, or simply being in a large group with little privacy for many days – these add to your personal challenge, but also give you a wonderful sense of achievement. Remember that everyone else in your group will be going through the same thing, and many long-lasting friendships are made through the experience!



Do I carry my own luggage?

On each trip your luggage is transported by vehicles, porters, camels, yaks, etc! You cannot access your main packs during the day so need to carry a day-pack with your fleece, waterproof, sun-cream, hat, camera, water etc.

What is the food & accommodation like?

Many challenges involve camping; tents are usually two-man. We stay at comfortable hotels at the start and end of the trip. On some trips we use hotels throughout; these are usually of traditional style and chosen for their location. In most cases rooms are ensuite and twin-share. Fundraising challenges are not designed to provide luxury accommodation!



Camp is usually equipped with cooks, dining tents and three-course suppers. Our cooks cater for special dietary requirements where possible, but we ask you to understand that in some countries alternatives are limited, so there not be as much variety in each meal as you are used to at home.



What is included in the Tour Cost?

Each comprehensive trip registration pack gives you full details but generally we include flights and all transport; accommodation; camping equipment (except a sleeping bag and mat); most meals; full support with Discover Adventure guides and medical personnel, local guides,

porters, cooks and drivers. Travel insurance, visas, airport departure taxes, personal spending and tips are not included.

What size are Open Challenge groups?

Group sizes vary, though the minimum for each trip is 10 people. Because charities benefit, we try not to turn anyone away; however for operational reasons we are not always able to accept late sign-ups (see below). On some trips we limit the group size for environmental or logistical reasons.



When should I sign up?

Most people sign up 9-12 months in advance, to give plenty of time to fundraise and improve fitness. Some of our Open Challenges have limited places and they do fill - delaying your registration may mean you miss out completely. In any case, you should aim to register at latest three months before departure, as it is difficult to confirm places after that time.

How does the Fundraising Option work?

Once your place is confirmed, start fundraising and send what you raise to your charity. A portion of your fundraising covers the tour cost; this is paid to us by your charity six weeks before departure. Your place on the trip relies on you reaching the fundraising target. Your registration fee is paid to Discover Adventure on signing up, is non-refundable and not included in the tour cost. Details on registration fees, fundraising targets and tour costs are all clearly stated on each trip page in our brochure and on our website.



What happens if I don't raise enough money?

Your charity will be able to give you plenty of fundraising advice and encouragement so hopefully you will not have any problems if you have given yourself enough time. If you do not raise enough money it may be possible to transfer to a later trip or make up the shortfall yourself – but tell us if you are having problems, don't wait until it is too late! Please note that it is not always possible to transfer your registration fee to another trip.



What is the Payment Option?

If you prefer, you can opt to pay your own tour cost. You can still fundraise, and donate as much as you like, but we do not invoice your charity for any monies. Details on registration fees and tour costs are all clearly stated on each trip page in our brochure and on our website.

How do I sign up?

Once you know which trip you'd like to take part in, ask your charity for the comprehensive registration pack. These packs include all you need to sign up and prepare for the trip, including registration form and booking conditions. To sign up just send the completed registration form to Discover Adventure along with your registration fee and medical questionnaire.



If you have any queries about fundraising do talk to your charity – they are the experts – but if you would like to have a chat about which trip might suit you best, or if you have any questions at any time, please contact us at Discover Adventure.

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